



Welcome back to the Recipes for Change newsletter!

It has been a very exciting few months for IFAD's **Recipes for Change Campaign** (R4C).

We have been very busy, bringing you new videos of celebrity chefs joining smallholder family farmers and cooking traditional meals threatened by climate change.

We have been featured in loads of mainstream media outlets. And coming off the back of COP21 in Paris, we have lots of exciting things to share, such as our 'Make the Change' petition garnering over 750 signatures.

Please enjoy reading below!

New Recipe from the Pacific island of Tonga -
Vai Ika



We have two new videos for you this time! The first is from the Kingdom of Tonga. It is a Polynesian sovereign state comprising over 170 islands. It's population is approximately 74 per cent rural. Climate change causes drought which is negatively affecting Taro leaf farming.

We cooked Vai Ika (Tuna with Taro leaves) with Fijian chef Lance Seeto. For the full recipe, please click [here](#).

Crispy critters crawl out of the box in Paris

A unique event was held in Paris in December. No, not just COP21; Taste the Change. Led by the Red Cross Climate Center, IFAD and others, the event showcased a potential future for food, in the form of edible bugs. The conversations were fascinating, and perhaps more conceptual than the COP21 proceedings going on in nearby Le Bourget! R4C chef Pierre Thiam was present at the event, and even cooked up some cricket macaroons. To read more about it please click [here](#).



New Video featuring Sengalese chef Pierre Thiam



In this episode of Recipes for Change, New York chef and cook-book author, Pierre Thiam, discovers how unpredictable weather is threatening Senegalese ingredients when he joins Aissatou Ndao, a local farmer to cook Poulet Yassa. Find the full recipe [here](#).

Also you can access a CCAFS full research report on the recipe and threats to the ingredients [here](#).

R4C at COP21 in Paris

IFAD had a very large and successful presence at COP21. One thing that shone out especially was the media pickup of Recipes For Change. By the end of the two weeks, we had over 1200 mentions in major media outlets. The coverage mentioned time and again how well Recipes for Change links climate change to our everyday culinary choices, and highlights the real effects it has on rural people and their dinner!



Thanks for sticking with Recipes for Change and coming back for all our latest news. We will be back again in a few months time with more exciting stories for you.

All the best,

The R4C Team

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Contact

Brian Thomson

Communication and Advocacy Manager
Environment and Climate Division

Tel +39 06 5459 2282; Mob +39 366 612 1101
Fax + 39 06 5459 3282
www.ifad.org/climate

IFAD, via paolo di dono 44, rome, lazio 00142 Italy

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